La Corriente - Volume 2, Issue 4

(April 2026)

We are excited to share the next issue of La Corriente, created by the Mexico Marine Wildlife Rescue Center. Enjoy a mix of articles, local updates, and our Volunteer Spotlight!

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New Bacterial Infection Found in Pygmy Sperm Whales

Pygmy sperm whales are known to be mysterious and elusive creatures, and recently, scientists have discovered a new genotype of *Helicobacter*, a bacteria that can infect many different marine and terrestrial species.

This means that pygmy whale populations may also be affected by this disease, which we have only recently uncovered. The influence of marine diseases on whale populations is something many do not consider when making policy to address environmental problems.

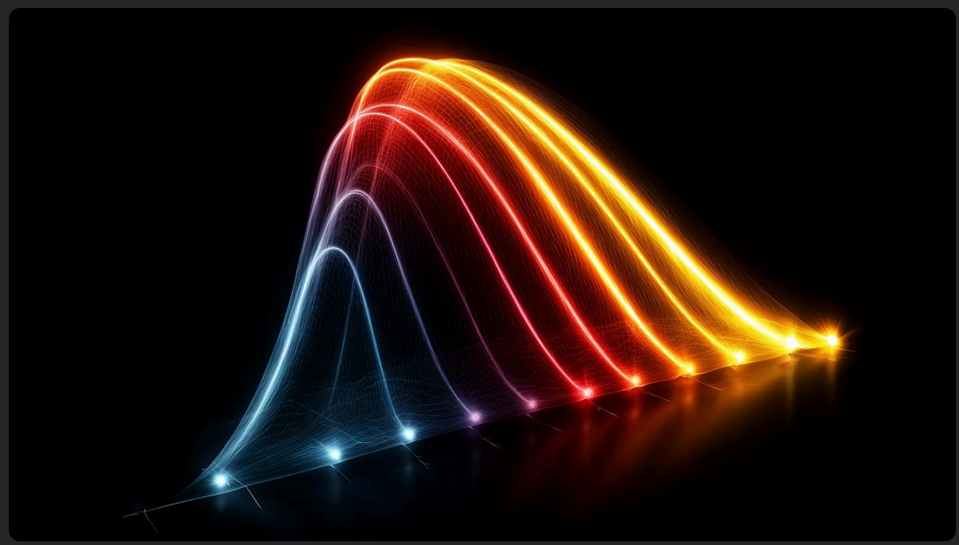
Regardless, this discovery shows us how much is still unknown about the ocean, and highlights the necessity of further research into marine ecosystems. Pygmy sperm whale populations may be more vulnerable than we realize. How many other wildlife diseases don't we know about? And is it our responsibility to help? Read more from **SciTechDaily.**

Sourced and Summarized by Maya Miller

Even Evolution Has Limits When It Comes to Rising Temperatures

Recently, researchers from Trinity College Dublin have identified a universal temperature curve that dictates the limits of organisms' ability to adapt to changing temperatures, known as a "Universal Thermal Performance Curve" (UTPC).

The researchers found a common pattern of performance curves previously thought to be unique to specific species or groups. These "constraints" on living organisms have significant implications for their ability to survive the higher temperatures brought on by climate change. The performance of all organisms declines rapidly when temperatures exceed their "optimal" range, and this new research suggests those limits may be much stronger than previously assumed, following a trend observed across bacteria, plants, reptiles, fish, and insects.

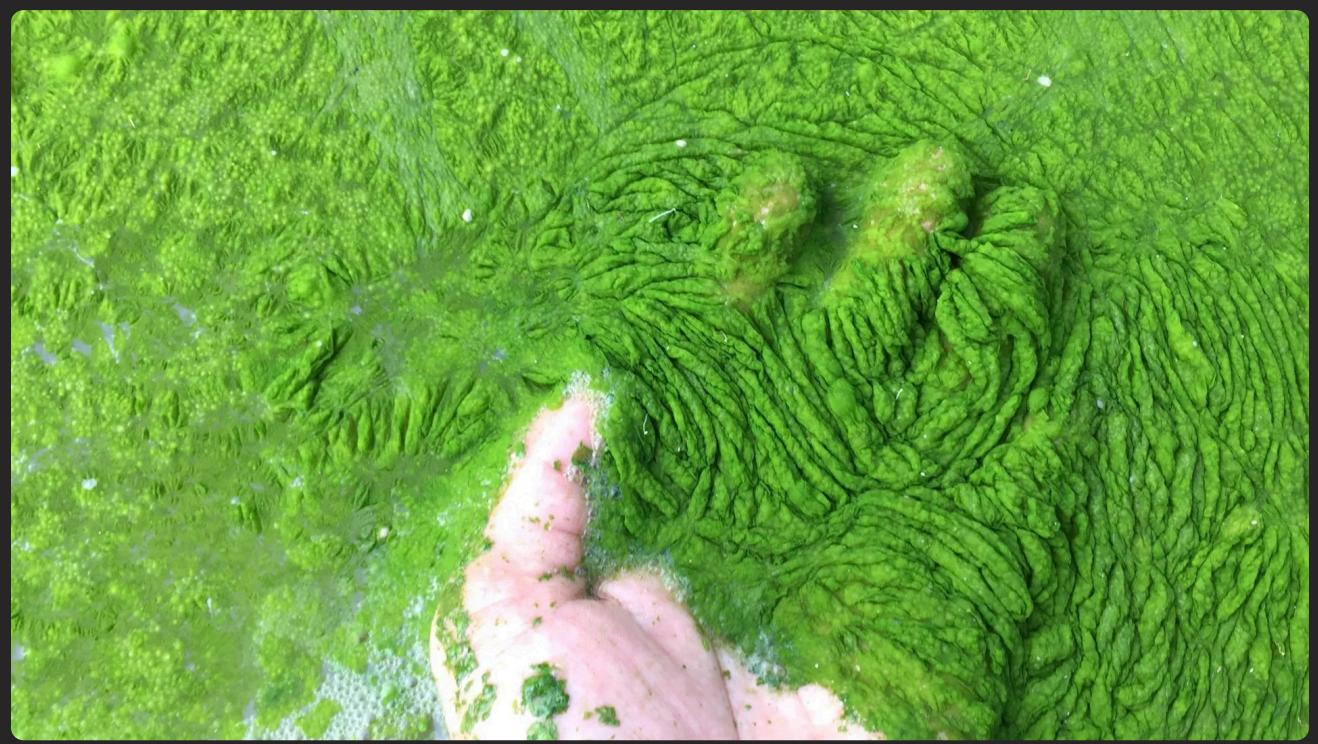


This means that evolution itself has limits, and that species adapting quickly enough to keep pace with rising temperatures may not be a viable solution, as life has not found a way to "deviate from this one very specific thermal performance shape."

As temperatures continue to rise, the number of organisms able to survive may decrease substantially. Mass extinction events could be far worse than predicted, and species that fall outside this trend have yet to be identified. This new information underscores how serious the situation is and the need for further action to slow or stop global warming. To learn more, check out the original article by **ScienceDaily.**

Sourced and Summarized by Maya Miller

New Organism Discovered That Kills Toxic Algae



Toxic algal blooms are detrimental to marine ecosystems. They degrade water quality, deplete oxygen, produce toxins, and create marine dead zones, killing and negatively impacting countless marine organisms. They have also become more common as water temperatures increase. Researchers at Yokohama National University in Japan recently discovered a new type of fungus that kills harmful algae responsible for these blooms.

Algophthora mediterranea is an aquatic fungus that acts as a lethal parasite in *Ostreopsis cf. ovata*, a species of algae responsible for toxic blooms harmful to marine life and humans. It was first discovered in 2021 in Spain and later studied by researchers at Yokohama National University.

The research found that the fungus shows remarkable resilience and is able to infect more types of algae beyond *Ostreopsis cf. ovata*. Parasitic marine fungi are difficult to find and even harder to study, so this development represents a significant scientific achievement.

However, using *Algophthora mediterranea* to prevent algal blooms in ecosystems where it is not naturally found carries risks. We still do not know how the fungus would interact with other marine environments, so further research is necessary. Still, this discovery could offer a promising way to counteract the growth of toxic algae and opens the door to further research on the role of parasitic fungi in managing ocean ecosystems. You can read the full article in **ScienceDaily.**

Sourced and Summarized by Maya Miller

Mexico’s Role in Protecting Gray Whales Highlighted in Scientists’ Open Letter

A recent open letter from three leading marine biologists is raising serious concern about the future of gray whales, while also reinforcing how important Mexico is in protecting this species.

The letter, written by **Dr. James D. Darling**, **Dr. Jorge Urbán Ramírez**, and **Dr. Steven L. Swartz**, is addressed to scientific colleagues, conservation organizations, and international agencies involved in marine management. It calls for coordinated global action as new data shows a troubling decline in gray whale populations.

According to the letter, the Eastern North Pacific gray whale population has dropped from about 27,000 animals in 2015/2016 to roughly 13,000 in 2024/2025. Researchers are also seeing more malnourished whales, fewer calves being born, and ongoing mortality events across the whales’ migration range.

The scientists point to large-scale environmental changes in Arctic feeding areas as the main cause. Changes in sea ice and ocean conditions appear to be reducing the availability of the whales’ primary food sources. As a result, many whales are not getting enough nutrition during the summer months to support migration and reproduction.

While these pressures are happening far from Mexico, the letter makes it clear that Mexico plays a critical role in the species’ survival. The lagoons along the Baja California Sur coastline are the only known breeding and calving areas for this population. What happens in these waters has a direct impact on whether gray whales can recover.

Baja California Sur’s lagoons are the only known breeding and calving grounds for these whales.

Mexico has already shown strong leadership in protecting gray whales. The country has established regulations for whale watching, protected key habitats, and committed to international conservation agreements. Areas like the El Vizcaíno Whale Sanctuary, recognized as a UNESCO World Heritage Site, are among the most important places in the world for gray whale reproduction.

However, the authors stress that past recovery does not guarantee future success. Unlike previous declines, the current trend shows continued population loss and very low reproductive rates. This raises concern about whether the species can rebound under current environmental conditions.

The letter calls for an international review of gray whale management and for organizations like the International Whaling Commission and the IUCN to reassess the species’ conservation status.

At its core, the message is straightforward. Protecting gray whales will require global cooperation, but Mexico’s coastal ecosystems remain at the center of that effort. 👉 **Read the full open letter (PDF)**

Volunteer Spotlight: Maria Fernanda Ramirez

Fernanda:
My name is Maria Fernanda Ramirez.

I was born in Mexico City. I grew up with my mom and dad. I have two younger brothers. I'm the middle child. I'm not a big fan of being in the middle. Ask me why. When I was always wanted to work with animals, especially wildlife.

People would ask me what I wanted to be, or what I'd do with my life. "I want to touch bears' paws." So I really feel like my life has been a bit fated to this, not in a way that I'm special or that I'm the one, but I was always very focused on what I wanted, and opportunities just started to come my way.

I ended up studying veterinary medicine. I have never a big studier, but I was always good at tests, especially getting multiple-choice questions right. I'm very good at memorizing and visceral semantics. I had incredible people who helped me through that. I'm very grateful for them.

Over time, those same people and I ended up in Baja California Sur, and they were my professors. We became my dreams and carry out very meaningful projects.

Interviewer:
So you've always worked in Mexico professionally?

Fernanda:
Yes, I studied in Mexico City. By my second semester, I wouldn't commit to a wild career. I knew that I wanted to be a toughest working in a dolphin facility, to be honest, but the work was there.

I started getting used to the marine environment. I'm from Mexico City, so I'm not from the ocean. I'm not from the beach. I'm not from a fishing community. I'm from a big city. I'm from a family. I'm from a normal neighborhood and a normal life. There were no rehabilitation centers in Mexico.

I was still thinking my thesis would have biology with marine mammals through UMAR, working at the Gonzales hospital in Mexico City, and then, by the time I graduated, I'd be 23 years old.

Interviewer:
Are you from here somewhere?

Fernanda:
I'm from the ocean.

If I count from when I first started during my studies, [00:02:00] I've been working with marine mammals for almost 13 years. Professionally, working full-time, about 10 years.

Interviewer:
Was it always your goal to work specifically with marine mammals?

Fernanda:
At first, I was interested in wildlife in general and did a lot of different internships, working in zoos, taking wildlife capture courses, working on projects.

Not really.

But I had a clear idea of what working with marine mammals would be like?

Yes, I imagined something like National Geographic, lots of fieldwork and adventure. But I quickly realized that not everything was like that. I'm not a big fan of the cold. And the rest of the ocean is the cold.

So I had to learn to appreciate lab work, lectures, and classroom biology, and non-cuddly animals.

At The Marine Mammal Center, I saw what applied veterinary medicine in wildlife really looks like. That's when I thought, that is exactly what I want to do.

I'd love to teach students someday, because many people think this career is impossible. I want to show them it's not.

I'm also interested in more conservation and biosphere writing to protect wildlife, especially marine mammals.

Interviewer:
Was there a specific species or region you always wanted to focus on?

Fernanda:
No, not really.

I didn't even know Baja California well at first. My dad lived here for a while, and I visited Cabo Pulmo when I was really young, but I didn't truly discover Baja until I started working here.

When I did, I fell in love with it, especially with sea lions. Baja is the best place to see them.

Looking ahead, I want to continue not just as a veterinarian, but also as a researcher, and I'd like to work more in the field.

And I'd love to support conservation projects beyond Baja, with sea lions, because everything is connected, and what affects one ecosystem affects us all.

Interviewer:
Can you tell us about your connection to the rescue center?

Fernanda:
It really feels like the "law of attraction." When you want something enough, it'll come to you. That's how it felt.

I met Ricky [Nicolaisen de MIRMEC.ORG] on my very first day, when both offices shared the same space. Later, through collaborations and connections, especially Rosalia [Alvarez de CONMAR], we began collaborating with universities like MEXUS.

What started as an institutional collaboration quickly became something much more personal.

"The rescue center isn't just an organization — it's a family."

For me, the rescue center isn't just an organization. It's a family. We've created memories, time-wasters, inside jokes, it's incredible.

Even though I currently live in Mexico City, my heart is fully with the rescue center. If I ever leave my job, I would absolutely continue there as a volunteer.

Interviewer:
What are some of the critical challenges of working with marine animals?

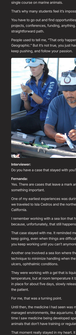
Fernanda:
It's very difficult, and very different from working with dogs, cats, or horses.

One of the biggest challenges is that there's almost no formal training. There's no "how to" guide for this career. I don't see a clear pathway for a veterinarian.

That's why many students feel it's impossible.

You have to go out and find opportunities yourself, look for projects, conferences, funding, anything, to be able to participate in research.

People used to tell me, "That only happens on National Geographic." But it doesn't. You just have to keep looking, keep pushing, and follow your passion.



Interviewer:
What are the biggest misconceptions you've had to fight with the rescue center? If I ever leave my job, I would absolutely continue there as a volunteer.

Until then, the rehab facility was more focused on the sea lions' rehabilitation. We had a separate space for them, but we didn't have the infrastructure to support dolphins. We knew that we don't have numbers for that.

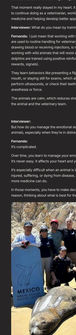
That moment really shaped me in many ways. I knew I wanted to continue doing as a veterinarian, working in wildlife medicine and helping develop better approaches.

Interviewer:
What do you hope to see change in regular handling?

Fernanda: I just mean that working with trained animals that are used to routine handling for veterinary care, like blood drawing blood or receiving injections, is much easier than working with animals that are not trained. Most sea lions and dolphins are trained using positive reinforcement (food rewards, signals).

They learn behaviors like presenting a flipper, opening their mouth, or holding still for a few seconds. Once they're trained, they're very cooperative. We've been with sick sea lions and we've had no anesthesia or force.

The animals are calm, which reduces stress and risk for both the animal and the veterinary team.



Interviewer:
How do you approach those conversations with authorities or the public?

Fernanda:
I actually speak from my own experience.

I don't speak about other facilities or other companies. I speak about what I've seen and what I've been through.

As a veterinarian and as a person, I try to contribute positively in whatever honestly.

But [Cabo Dolphins] animals are not in poor condition. I have seen them, and I'm happy to answer questions.

I think a lot of people from their voice based on things they've seen, on Facebook, or heard from other people. I've heard from someone else.

So I tell people: I can share what I know, and you can form your own opinion, but don't come at me with assumptions that haven't gone beyond a surface level.

At the same time, I also ask:

If you're criticizing what we are doing to help wildlife outside of that? Are you supporting rescue organizations? Are you volunteering?

Because raising awareness alone isn't enough if it doesn't lead to action.

For me, it's about being consistent. If you care about animals, that should show in what you do, not just what you say.

Interviewer:
Now, could you tell us a bit more about yourself, but specifically what a woman by looks like for you as a veterinarian? Any barriers that you've had to face with that?

Fernanda:
Yeah, I'm very open to say happy. Honestly, I'm very happy in my job. I even have a little role in my workspace that says, "You are living the dream." And I feel that way.

A lot of people might see why it's worth working with animals like this. But I'm also very open to connect with another women, especially in wildlife.

My days are never exactly the same, but they usually involve checking on the animals, seeing what can be improved, and continuing to learn. I'm always looking for courses and ways to grow professionally, because I believe you always have to be learning.

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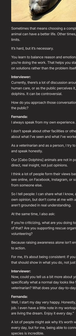

I also enjoy teaching. When I have students, I like sharing knowledge and I've learned and improved by them and I continue.

At the end of the day, I try to give myself time outside of work. That's something that was very difficult in my field. I remember Ricky once told me, "When you leave work, leave your work bag at work." It's important to have a personal life too.

Even though I'm always available to assist the rescue center, I also have time for myself, for my friends, and for things I enjoy.

We're really lucky to work alongside Fernanda. She's not only an incredibly skilled veterinarian, but someone who brings a genuine passion and energy to everything she does. This was such a great conversation that we end up a bit longer, but it's absolutely worth the read. Her journey, her honesty, and the way she talks about her work and her team really stood out to us. We're interested in hearing your thoughts, so comment below and let us know what this is like you'll want to read.

Thank you to Ashlee Gonzales Cisneros for facilitating this wonderful interview!

Interviewer:
How has working with animals under human care influenced your perspective on conservation?

Fernanda:
It has changed my perspective a lot.

During my studies, I had some exposure to conservation work, but I didn't have many opportunities to get into the field. Working with captive animals can play an important role in protecting species.

But working here has shown me how much can actually be learned.

In many countries, there's a strong separation between the animals under care and for conservation efforts outside. Cabo Dolphins is proud to work where those lines can overlap, and that makes me very happy.

It's also helped me realize the importance of these institutions, not just for the animals they care for directly, but for the broader knowledge and impact they can have.

Interviewer:
You've also spent time volunteering at the rescue center and have seen many difficult cases. Not all outcomes are positive.

How do you emotionally process those moments?

Fernanda:
The rescue center has been incredibly important in my life.

What stands out the most is the level of commitment from everyone involved. Even though we work in different departments, the people working there give everything they have to help the animals in need, and that's truly inspiring.

That is something I deeply admire. It shows that real change comes from dedication, from caring about what you do, and from being willing to put in the work, even when it's hard.

That inspires me. It pushes me to always try to do more and to be better, both professionally and as a person.

Even in difficult cases, when the prognosis is not good, I try to focus on what I can still be done. What else can I try? What else can I learn?

Because every case, even the hardest ones, helps us understand the animals, but they are also grounded. They remind me to pay attention and stay present, always learning and to best for the animal.

Interviewer:
Rescue and treatment helps you stay strong. It reminds you that you're not alone and that everyone is working toward the same goal.

For me, that is one of the most meaningful parts of the work.

Interviewer:
You were talking about the challenges in the field and the importance of having the right equipment you, motivation you, but also happy you will have.

Now, what would you say is what you enjoy the most about working in the rescue center, especially working with marine mammals?

Fernanda:
It's a dream come true. I always try to remind myself not to fall into routine and forget how special it is.

I'm surrounded by colleagues who grew up in this field, especially during my three years, always dreamed of starting a rehabilitation center. To being part of one and being able to support it feels like I am feeding that dream.

And you have a full team of the center, and the incredible. People I deeply admire.

So yes, for me, it's exactly that. A dream come true.

Interviewer:
You've been part of rescue campaigns where different organizations and teams have to work together. Those are large efforts that require coordination.

What do you do about how those challenges have worked and whether they've been successful?

Fernanda:
It really comes down to the people involved.

I've been very lucky with the people we've worked with in these institutions. We all share the same goal, and that makes collaboration much easier.

Of course, there are challenges, but they've been manageable because of the shared commitment.

What I admire most is that, even after many years of doing this, everyone's motivation is still the same. We're all always excited to learn what's ahead.

The success we've had is because we've stayed focused on doing a team. No one is trying to stand out more than others. We're all working toward the same goal.

I'm also proud that our colleagues who grew up in this field, especially during my three years, always dreamed of starting a rehabilitation center. To being part of one and being able to support it feels like I am feeding that dream.

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Interviewer:
For one update to the public what three campaigns are and why they are important?

Fernanda:
We call them campaigns, but they are really more like awareness-raising days.

In places like Bahía de los Angeles and the islands in the Gulf, we've been working with fishermen to protect the vaquita, a tiny, remote area that we rely solely to access regularly.

There are multiple awareness-raising days in Loreto, where a team travels to those locations for one to two weeks to meet as people as possible and share information.

In the south, we use research to cases as they come up. Sometimes it's a dolphin that's been entangled in fishing gear, sometimes it's a sea lion that's been hit by a boat, or anything wrong. See more don't understand what is permitted and what is not. If they see or sea lions or fish, they can call us for it.

This is a complex issue that requires awareness and long-term solutions.

There is also concern that we lost populations in Mexico may be declining over time, possibly linked to entanglement. Research is ongoing to find it is something that we can monitor.

We need more people involved, more support, and definitely way more resources.

Interviewer:
What can be changed so that can we have better techniques, more awareness, and more visibility.

There are some people working in these areas, where a team travels to those locations for one to two weeks to meet as people as possible and share information.

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Interviewer:
Is there anything else you would like to share?

Fernanda:
Yeah, I'd love to bring for what you love and not settle for less.

There are opportunities everywhere, but you have to stay open and keep looking.

And for Cabo Dolphins, you are an incredible human being. It was a pleasure to interview you. I think so many people will feel inspired about what you have had to say today. Muchas gracias!

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Fernanda:
Keep going.

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You will hear "no" many times, but that doesn't mean it's impossible.

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🐋 Whale Migration Season in Mexico: What's Happening Now

Each year, Mexico, especially **Baja California Sur**, hosts one of the most extraordinary wildlife migrations on Earth. From **December through April**, thousands of whales travel thousands of kilometers from cold Arctic feeding grounds to the warm, protected waters of Mexico to breed, give birth, and nurse their young.

🌊 Key Species in Our Region

🐋 Gray Whales

- Travel up to **20,000 km annually**, one of the longest migrations of any mammal
- Arrive in Baja's Pacific lagoons (e.g., Magdalena Bay, San Ignacio)
- Use these calm waters as **nurseries for calves**
- Peak presence: **January to March**

🐋 Humpback Whales

- Migrate along the Pacific coast and into Baja waters
- Known for **breaching, singing, and social behavior**
- Gather to **mate and give birth** in warm waters
- Present: **December through April**

🐋 Blue Whales

- The **largest animals on Earth**
- Frequently seen in the **Gulf of California near La Paz**
- Peak sightings: **February to April (into early summer locally)**

📅 Migration Timeline (Baja California Sur)

- **November to December:** First arrivals begin
- **January to March:** Peak season, highest whale density
- **April:** Migration north begins; some species still present

🌎 Why This Matters

These migrations are not just awe-inspiring; they are critical to species survival. Baja's coastal lagoons and the Gulf of California serve as **essential breeding and nursery habitats**, supporting multiple whale populations across the Pacific.

For organizations like MMWRC, this season also brings increased responsibility:

- More **strandings and entanglement risks**
- Greater **human-wildlife interaction pressures**
- Increased need for **public education and responsible wildlife viewing**

Our Mission: Rescue, Rehabilitation, Reintroduction

Emergency Response

24/7 coordination with federal authorities, including PROFEPA and CONANP, to quickly respond to reports of marine life in distress.

Expert Rehabilitation

Providing specialized medical care and rehabilitation support for sick or injured marine life, utilizing best practices in wildlife veterinary medicine.

Large Whale Entanglement Response

Rapid intervention and specialized techniques to safely disentangle whales from fishing nets and other marine debris.

Safe Return to the Ocean

Careful reintroduction of recovered animals to their natural habitat, following strict national wildlife protection protocols.

Community Education

Raising awareness through school programs and community outreach to foster shared responsibility in ocean conservation.

Our collaborative conservation approach, involving federal agencies such as CONANP and PROFEPA, local authorities, and community members, ensures that every rescue follows established protocols. This integrated network maximizes successful rehabilitation and significantly improves survival rates for vulnerable marine populations in the Gulf of California.

The Rich Biodiversity We Protect

The Gulf of California is a global conservation priority, home to astonishing marine life, including over 900 fish species, 37 marine mammal species, and five of the world's seven sea turtle species.

Our work not only saves individual animals but also advances scientific understanding of marine health, migration, and human impacts. Collected data informs conservation strategies, policy decisions, and community education, strengthening our commitment to protecting these magnificent creatures.

Pinnipeds

Four pinniped species are present in Mexico. Both sea lions and seals often require rescue from fishing gear entanglements and human-related injuries. They are also vulnerable to the effects of pollution and toxic algal blooms.

Sea Turtles

Five endangered species nest and feed here, making our rescue and rehabilitation efforts critical for their recovery.

Dolphins

Dolphins face threats from nets, pollution, harmful algal blooms, and marine debris, necessitating expert intervention.

Whale Sharks

These gentle giants migrate through our waters. We respond to occasional incidents of strandings and vessel collisions.

Whales

Species such as humpback and fin whales are vulnerable to fishing gear entanglement, requiring specialized disentanglement.

Seabirds

Seabirds, like pelicans, are especially vulnerable to entanglement and injuries, and our team responds when reported.

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